

Systemic Mastocytosis: Dispelling Myths and Discovering Facts

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January 29, 2025

Join us for an informative webinar where we'll separate fact from fiction in the world of systemic mastocytosis (SM). We will address common misconceptions and provide insights into living with SM, finding reliable information, and more. Whether you're a patient, caregiver, or healthcare professional, this session is designed to empower you with information about SM. Don't miss this opportunity to enhance your understanding and support the SM community!

Masto Connect Resource Hub

[View All Resources](#)

**We're glad
you're
here!**

*Please select one of
the third-party
Resources below.*

Index

Finding Connection

Navigating Systemic
Mastocytosis

Disease Education

The following links are a collection of independent resources, contributed by the SM community, to provide information and support.

We will be continually adding to the Resource Hub. If you'd like to submit a resource for consideration, please email mastoconnect@grythealth.com and a member of the Gryt Health team will get back to you.

Blueprint Medicines has provided financial support to some of the organizations and resources mentioned below. These organizations have full editorial independence. These third-party resources are included as a reference for patients with SM and do not imply endorsement of Blueprint Medicines by the groups listed. Blueprint Medicines is not affiliated with and does not endorse any particular advocacy group. We make no guarantees about the accuracy of the information provided on these websites or the quality of support provided.



Finding Connection



Navigating Systemic
Mastocytosis



Disease Education

Program

Featured Sessions

Systemic Mastocytosis (SM):
Dispelling Myths and Discovering Facts Jan 29, 2025 | 7pmET

Jessica Fraser
Executive Director,
The Mast Cell Disease Society, Inc.

Deyna Vivaldo, M.D.
Assistant Professor of Medicine, Division of
Allergic Diseases, Mount Sinai Healthcare

Moderator
Lauren Lastauskas
SVP of Community
and Health

SHANGHAI | PARTNERING WITH GRYT

**Systemic Mastocytosis: Dispelling Myths
and Discovering Facts**

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Systemic Mastocytosis (SM):
Mental Health Matters Dec 5, 2024 | 7pmET

Janki Chappari, Ph.D.
Neuro Psychologist, Mastocytosis Patient

Jennifer Nicoletto-Santibañero, Ph.D.
Psychologist, Brighton and Hove Health Hospital

Moderator
Lauren Lastauskas
SVP of Community
and Health

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**Systemic Mastocytosis (SM): Mental
Health Matters**

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Systemic Mastocytosis:
Communicating with a Purpose May 8, 2024 | 7pmET

Pam Hodges
SVP Finance
Support Group Leader

Deyna Vivaldo
M.D. Professor

Cecilia Arias, M.D.
Assistant
Medical Director

Moderator
Lauren Lastauskas
SVP of Community
and Health

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**Systemic Mastocytosis: Communicating
with a Purpose**

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[TOP ▲](#)

How Others Are Feeling

In the face of the complex journey of living with SM, unity and understanding can be fostered through trust and support. By sharing experiences and learnings, we can enhance our communication, deepen our understanding of needs and feelings, and navigate challenges together.

"Not having people truly support us has been the hardest on my mental well-being. People won't accommodate us because they don't believe it's real or as severe as we say it is."

**Featured quotes are provided by patients who were compensated to share their experience with SM. Individual experiences may vary.*

[Hover over an experience to learn more](#)



Sensitivity to Scents

"People don't realize how quickly laundry detergent, deodorant, perfumes, and other scents can trigger anaphylaxis for me"



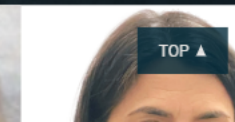
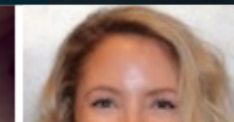
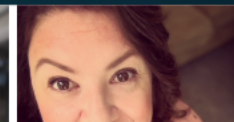
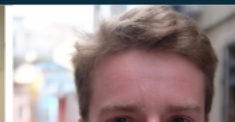
Stress and Physical Exertion

"It's tough, really. Stress and physical exertion are huge triggers for me. It's like trying to avoid the unavoidable, and it makes just 'being normal' a real challenge."



Anxiety

"My anxiety has gone through the roof from going to appointments and being dismissed constantly. Having to fight to be heard and believed."



TOP ▲